






CLASS SCHEDULE (AS OF JANUARY 3, 2022)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ADULT 10:30AM		ADULT 10:30AM	
ADV/INT 3:30 – 4:15	ADV/INT 3:30 – 4:15	ADV/INT 2:30 – 3:30	ADV/INT 3:30 – 4:15	ASP 3:30 – 4:30
AFTER SCHOOL PROGRAM				
WHITE BELT CHILDREN 4:20 – 5:00	WHITE BELT CHILDREN 4:20 – 5:00	WHITE BELT CHILDREN 3:35 – 4:20	WHITE BELT CHILDREN 4:20 – 5:00	KIDS SPARRING 4:45 – 5:45 
BEGINNER CHILDREN 5:05 – 5:50	BEGINNER CHILDREN 5:05 – 5:50	BEGINNER CHILDREN 4:25 – 5:10	BEGINNER CHILDREN 5:05 – 5:50	
INTERMEDIATE CHILDREN 5:55 – 6:40	INTERMEDIATE CHILDREN 5:55 – 6:40	INT/ADV CHILDREN 5:15 – 6:00	INTERMEDIATE CHILDREN 5:55 – 6:40	SPARRING 6:00 – 7:00
ADVANCED CHILDREN & ADULT 6:45 – 7:30	ADVANCED CHILDREN & ADULT 6:45 – 7:30	BLACK BELT  6:05 – 6:55	ADVANCED CHILDREN & ADULT 6:45 – 7:30	
ADULT 7:35 – 8:30	ADULT 7:35 – 8:30	ADULT 7:00 – 8:00	ADULT 7:35 – 8:30	

WHITE BELT

BEGINNER: YELLOW, ORANGE

INTERMEDIATE: GREEN, SR. GREEN, BLUE, SR. BLUE

ADVANCED: RED, SR. RED, DEPUTY, BLACK BELT