






CLASS SCHEDULE

(AS OF AUGUST 22, 2022)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ADULT 10:30AM		ADULT 10:30AM	
ADV/INT 3:35 – 4:25	ADV/INT 3:35 – 4:25	ADV/INT 2:40 – 3:25	ADV/INT 3:35 – 4:25	ASP 3:30 – 4:30
AFTER SCHOOL PROGRAM				
BEGINNER CHILDREN 4:30 – 5:15	BEGINNER CHILDREN 4:30 – 5:15	BEGINNER CHILDREN 3:30 – 4:15	BEGINNER CHILDREN 4:30 – 5:15	KIDS SPARRING 4:45 – 5:45
INTERMEDIATE CHILDREN 5:20 – 6:05	INTERMEDIATE CHILDREN 5:20 – 6:05	INTERMEDIATE CHILDREN 4:20 – 5:05	INTERMEDIATE CHILDREN 5:20 – 6:05	
ADVANCED CHILDREN & ADULT 6:10 – 7:00	ADVANCED CHILDREN & ADULT 6:10 – 7:00	ADVANCED CHILDREN & ADULT 5:10 – 5:55	ADVANCED CHILDREN & ADULT 6:10 – 7:00	SPARRING 6:00 – 7:00
		BLACK BELT  6:00 – 6:45		
ADULT 7:05 – 8:00	ADULT 7:05 – 8:00	ADULT 6:50 – 7:50	ADULT 7:05 – 8:00	

BEGINNER: WHITE, YELLOW

INTERMEDIATE: ORANGE, GREEN, SR. GREEN, BLUE, SR. BLUE

ADVANCED: RED, SR. RED, DEPUTY, BLACK BELT