## **CLASS SCHEDULE**

(AS OF AUGUST 11, 2025)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ADULT APPOINTMENT		ADULT APPOINTMENT	
ADY/INT 3:40 – 4:30	ADY/INT 3:40 – 4:30 R SCI	ADY/INT 2:40 – 3:30	<b>ADY/INT</b> 3:40 – 4:30	ASP 3:40 – 4:30
BEGINNER CHILDREN 4:35 – 5:20	BEGINNER CHILDREN 4:35 – 5:20	BEGINNER CHILDREN 3:35 – 4:20	BEGINNER CHILDREN 4:35 – 5:20	<b>SPARRING</b> 1 4:45 – 5:45
INTERMEDIATE CHILDREN 5:25 – 6:10	INTERMEDIATE CHILDREN 5:25 – 6:10	INT/ADV CHILDREN & ADULT 4:25 – 5:15	INTERMEDIATE CHILDREN 5:25 – 6:10	
ADVANCED CHILDREN & ADULT 6:15 – 7:05	ADVANCED CHILDREN & ADULT 6:15 - 7:05	BLACK BELT 5:20 – 6:05	ADVANCED CHILDREN & ADULT 6:15 – 7:05	<b>SPARRING</b> 2 6:00 – 7:00
<b>ADULT</b> 7:10– 8:05	<b>ADULT</b> 7:10 – 8:05	<b>ADULT</b> 6:10 – 7:00	<b>ADULT</b> 7:10 – 8:05	

**BEGINNER: WHITE, YELLOW, ORANGE,** 

INTERMEDIATE: GREEN, SR. GREEN, BLUE, SR. BLUE **ADVANCED:** RED, SR. RED, DEPUTY, BLACK BELT