






## CLASS SCHEDULE (AS OF SEPTEMBER 2023)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>ADULT</b> 10:30AM		<b>ADULT</b> 10:30AM	
<b>ADV/INT</b> 3:40 – 4:30	<b>ADV/INT</b> 3:40 – 4:30	<b>ADV/INT</b> 2:40 – 3:40	<b>ADV/INT</b> 3:40 – 4:30	<b>ASP</b> 3:35 – 4:35
<b>AFTER SCHOOL PROGRAM</b>				
<b>BEGINNER</b> CHILDREN 4:40 – 5:25	<b>BEGINNER</b> CHILDREN 4:40 – 5:25	<b>BEGINNER</b> CHILDREN 3:50 – 4:35	<b>BEGINNER</b> CHILDREN 4:40 – 5:25	<b>SPARRING 1</b> 4:45 – 5:45 
<b>INTERMEDIATE</b> CHILDREN 5:30 – 6:15	<b>INTERMEDIATE</b> CHILDREN 5:30 – 6:15	<b>INT/ADV</b> CHILDREN & ADULT 4:40 – 5:30	<b>INTERMEDIATE</b> CHILDREN 5:30 – 6:15	
<b>ADVANCED</b> CHILDREN & ADULT 6:20 – 7:10	<b>ADVANCED</b> CHILDREN & ADULT 6:20 – 7:10	<b>BLACK BELT</b>  5:35 – 6:25	<b>ADVANCED</b> CHILDREN & ADULT 6:20 – 7:10	<b>SPARRING 2</b> 6:00 – 7:00 
<b>ADULT</b> 7:15 – 8:10	<b>ADULT</b> 7:15 – 8:10	<b>ADULT</b> 6:30 – 7:30	<b>ADULT</b> 7:15 – 8:10	

**BEGINNER:** WHITE, YELLOW, ORANGE

**INTERMEDIATE:** GREEN, SR. GREEN, BLUE, SR. BLUE

**ADVANCED:** RED, SR. RED, DEPUTY, BLACK BELT