






CLASS SCHEDULE (AS OF MAY 28, 2024)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ADULT 18+ 10:00AM		ADULT 18+ 10:00AM	
<p>SUMMER CAMP (7:30 A.M. – 6:00 P.M.) FIELD TRIPS / MARTIAL ARTS / ARTS & CRAFTS / FUN GAMES CLASSES @3:15-4:00 (MON-THU)</p>				
BEGINNER CHILDREN 4:15 – 5:00	BEGINNER CHILDREN 4:15 – 5:00	No CLASS	BEGINNER CHILDREN 4:15 – 5:00	SPARRING 1 5:00 – 6:00 
INTERMEDIATE CHILDREN 5:05 – 5:50	INTERMEDIATE CHILDREN 5:05 – 5:50	No CLASS	INTERMEDIATE CHILDREN 5:05 – 5:50	
ADVANCED CHILDREN & ADULT 5:55 – 6:45	ADVANCED CHILDREN & ADULT 5:55 – 6:45	BLACK BELT  5:00 – 5:50	ADVANCED CHILDREN & ADULT 5:55 – 6:45	SPARRING 2 5:00 – 6:30 
ADULT 6:50 – 7:45	ADULT 6:50 – 7:45	No CLASS	ADULT 6:50 – 7:45	

BEGINNER: WHITE, YELLOW, ORANGE

INTERMEDIATE: GREEN, SR. GREEN, BLUE, SR. BLUE

ADVANCED: RED, SR. RED, DEPUTY, BLACK BELT